MARIST PROVINCE OF WEST AFRICA

Religious Calendar: March 2026	
Pope's intention: ***For disarmament and peace***. Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.	
1st MARCH, 2nd SUNDAY OF LENT, 2026 YEAR: A(II) VESTMENT: PURPLE	
Liturgy	**Gen 12:1-4.** All the tribes of the earth shall bless themselves by you. **2Tim 1:8-10**. God calls and enlightens us **Mt 17:1-9**. His face shone like the sun.
Anniversary	**1941**: Death of venerable Brother Alfano in Ventimiglia, Italy. **1954**: First Marist foundation in Angola.
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "He who follows me, walks not in darkness," says the Lord. By these words of Christ we are advised to imitate His life and habits, if we wish to be truly enlightened and free from all blindness of heart. Let our chief effort; therefore, be to study the life of Jesus Christ".
Intentions	For the success of the Marist Mission in Angola For the success in the process of the beatification of Br Alfano. **First Monday**: We pray for our deceased family members and our benefactors.
2nd MARCH, MONDAY OF THE 2ND WEEK OF LENT Vestment: Purple	
Liturgy	**Dan 9:4-10** Yours is the integrity, Lord; ours the shame. **Lk 6:36-38** Grant pardon and you will be pardoned.
Anniversary	**1911: Departure of the First Brothers for Sri Lanka**
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "The teaching of Christ is more excellent than all the advice of the saints, and he who has His spirit will find in it a hidden manna. Now, there are many who hear the Gospel often but care little for it because they have not the spirit of Christ. Yet whoever wishes to understand fully the words of Christ must try to pattern his whole life on that of Christ".
Intentions	For our mission in Sri Lanka For all those who suffer unjustly.
3rd MARCH, TUESDAY OF THE 2ND WEEK OF LENT Vestment: Purple	
Liturgy	**Is.1:10.16-20** Cease to do evil; learn to do good. **Mt.23:1-12** They do not practice what they preach.
Reminder	
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS**

	"Fight like a man. Habit is overcome by habit. If you leave men alone, they will leave you alone to do what you have to do. Do not busy yourself about the affairs of others and do not become entangled in the business of your superiors. Keep an eye primarily on yourself and admonish yourself instead of your friends".
Intentions	For the grace to be true witnesses of Christ For our elderly and retired Brothers.
4th TUESDAY OF THE 8TH WEEK IN ORDINARY TIME. Office: Wk.4 **Vestment: PURPLE**	
Liturgy	**Jer 18:18-20** My enemies are digging a pit for me. **Mt 20:17-28** They will condemn the Son of Man to death.
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "Whoever you are, wherever you go, you are miserable unless you turn to God. So why be dismayed when things do not happen as you wish and desire? Is there anyone who has everything as he wishes? No, neither I, nor you, nor any man on earth. There is no one in the world, be the Pope or king, who does not suffer trial and anguish".
Reminder	Beginning of Canonical Visit to Brothers studying in Lebanon
Intentions	For all pilgrims around the world. For a successful canonical visit to Lebanon
5th MARCH, THURDAY OF THE 2ND WEEK OF LENT. **Vestment: PURPLE**	
Liturgy	**Jer 17:5-10** A curse on the man who puts his trust in man and turns from the Lord **Lk 16:19-31** Dives and Lazarus
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "How foolish and faithless of heart are those who are so engrossed in earthly things as to relish nothing but what is carnal! Miserable men indeed, for in the end they will see to their sorrow how cheap and worthless were the things they loved. The saints of God and all devout friends of Christ did not look to what pleases the body nor to the things that are popular from time to time. Their whole hope and aim centered on the everlasting good".
Intentions	For the grace to accept our weaknesses and work on them. For all those involved in the formation ministry
6th MARCH, FRIDAY OF THE 2ND WEEK OF LENT. **Vestment: PURPLE**	
Liturgy	**Gen 37:3-4.12-13.17-28**. Let us kill him: then we shall see what becomes of his dreams. **Mt 21:33-43,45-46**. This is the Landlord's heir: come let us kill him
Reminder	Independence Day of Ghana (1957)

MARIST PROVINCE OF WEST AFRICA

Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "Do not lose heart, then, my brother, in pursuing your spiritual life. There is yet time, and your hour is not past. Why delay your purpose? Arise! Begin at once and say: "Now is the time to act, now is the time to fight, and now is the proper time to amend."
Intentions	For peace in African countries. For all our Brothers working in Ghana.
7th MARCH, SATURDAYOF THE 2ND WEEK OF LENT **(Optional Memorial of St Pepertua and Felicity, Martyres)** **Vestment: PURPLE**	
Liturgy	**Mic 7:14-15, 18-20** Have pity on us one more time. **Lk 15:1-3.11-32** The prodigal son
Anniversary	In 1851: Death of Br Antoine, 4th member of the Institute, in Ampuis, France. In 1926: Death of Br Stratonique, Superior General (1885-1907)
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "So long as we live in this fragile body, we can neither be free from sin nor live without weariness and sorrow. Gladly would we rest from all misery, but in losing innocence through sin, we also lost true blessedness. Therefore, we must have patience and await the mercy of God until this iniquity passes, until mortality is swallowed up in life".
Intentions	For Br Stratonique to continue to rest in peace with the Lord. For all administrators in our schools. **Marist Saturday:** We dedicate special prayers for Marist vocation.
8th MARCH, 3RD SUNDAY OF LENT **(Memorial of St John of God).** **Vestment: PURPLE**	
Liturgy	**Ex 17:3-7**.Strike the rock and water will flow from it. **Rom 5:1-2, 5-8** The love of God has been poured into our hearts. **Jn 4:5-42** A spring of water welling up to eternal life.
Anniversary	1891: Departure of the first Brothers for China.
Reminder	End of Canonical Visit to Brothers studying in Lebanon
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "…there are many who, though they frequently hear the Gospel, yet feel but little longing after it, because they have not the mind of Christ. He, therefore, that will fully and with true wisdom understand the words of Christ, let him strive to conform his whole life to that mind of Christ." **Chapter 1.pg.1**
Intentions	For the Brothers and our mission in China.

	For the sick and those caring for them.
9th MARCH,MONDAY OF THE 3RD WEEK OF LENT **Vestment: PURPLE**	
Liturgy	**2Kg 5:1-15** There were many lepers in Isreal, but only Naaman, the Syrian, was cured. **Lk 4:24-30** No prophet is ever accepted in his own country.
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "What does it profit you to enter into deep discussion concerning the Holy Trinity, if you lack humility, and be thus displeasing to the Trinity? .For verily it is not deep words that make a man holy and upright; it is a good life which makes a man dear to God. If you know the whole Bible, and the sayings of all the philosophers, what should all this profit you without the love and grace of God?" **Chapter 1.pg.1**
Intentions	For the wisdom to understand God's voice within us. For all those involved in Evangelization.
10th MARCH, TUESDAY OF THE 3RD WEEK OF LENT **Vestment: Purple**	
Liturgy	**Dan 3:25,34-43** Let our sacrifice to you today be a contrite soul and humbled spirit, **Mt 18:21-35** To be forgiven, you must forgive
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "Always be mindful of the saying; The eye is not satisfied with seeing, nor the ear with hearing. Strive, therefore, to turn away your heart from the love of the things that are seen, and to set it upon the things that are not seen. For they who follow after their own fleshly lusts, defile the conscience, and destroy the grace of God. **Chapter 1,pg.1**
Intention	For the grace to forgive one another. For God's blessings on all those supporting our mission.
11th MARCH, WEDNESDAY OF THE 3RD WEEK OF LENT **Vestment: PURPLE**	
Liturgy	**Deut 4:1,5-9** Keep these laws and observe them. **Mt 5:17-19** I have not come to abolish the Law and the prophets but to complete them.
Reminder	Beginning of meeting of the Conference of Major Superiors of Ghana
	1836: The Decree of Approval for the Priests of the Society of Mary was granted by Rome. **1891**: First Marist Foundation in Algeria.

MARIST PROVINCE OF WEST AFRICA

Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "We must not trust every word of others or feeling within ourselves, but cautiously and patiently try the matter, whether it be of God. Unhappily we are so weak that we find it easier to believe and speak evil of others, rather than good. But they that are perfect do not give ready heed to every news-bearer, for they know man's weakness that it is prone to evil and unstable in words." **Chapter 4 pg.5**
Intentions	That all lawmakers may be inspired by the word of God. For all Institutes of the Society of Mary.
12th MARCH, THURSDAY OF THE 3RD WEEK OF LENT **Vestment: PURPLE**	
Liturgy	**Jer 7:23-28** Here is the nation that will not listen to the voice of the Lord its God. **Lk 11:14-23** Know that the kingdom of God has overtaken you.
Anniversary	In 1808 birth of Brother François in Maisonettes, a hamlet near Lavalla.
Reminder	Beginning of Canonical Visit to Korhogo Community
Birthday	Br. Eyong Mbiatem (1983) from Cameroon Br Clovis Njini (1996) from Cameroon
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "A part of this wisdom also is not to believe every word we hear, nor to tell others all that we hear, even though we believe it. Take counsel with a man who is wise and of a good conscience; and seek to be instructed by one better than yourself… The more humble a man is in himself, and the more obedient towards God, the wiser will he be"…**chapter 4,pg 5**
Intentions	In thanksgiving to God for the gift of Brothers Eyong and Clovis to our Institute; we pray for their vocation and for their mission. For all farmers and those who work to feed our world.
13th MARCH, FRIDAY OF THE 3RD WEEK OF LENT. **Vestment: PURPLE**	
Liturgy	**Hos 14:2-10** A call to conversion and promise of safety. **Mk 12:28-34** You are not far from the kingdom of God.
Birthday	Br Simon Kanjam (1971), from Cameroon Br Lawrence Doe (1987) from Liberia
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "Men pass away, but the truth of the Lord endures forever. Without respect of persons, God speaks to us in diverse manners." **Chapter 5,pg 6.**
Intentions	In thanksgiving to God for the gift of Brothers Simon and Lawrence to our Province, Institute and the Church. For the grace to listen to God.

MARIST PROVINCE OF WEST AFRICA

14th MARCH, SATURDAYDAY OF THE 3RD WEEK OF LENT. Vestment: PURPLE	
Liturgy	**Hos 5:15-6:6** What I want is love, not sacrifice and holocausts. **Lk 18:9-14** The tax collector, not the Pharisee, went home justified.
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "Whenever a man's desires are above measure, immediately he becomes restless. The proud and the avaricious men are never at rest; while the poor and lowly of heart abide in the multitude of peace". **Chapter 6,pg.7**
Reminder	End of Meeting of the Conference of Major Superiors of Ghana
Intentions	For the grace to cultivate true love in our province. For all those working for the protection of children and young people **Marist Saturday:** We dedicate special prayers for Marist vocation.
15th MARCH, 4th SUNDAY OF LENT. Vestment: PURPLE	
Liturgy	**1Sam 16:1,6-7,10-13** David is anointed by Samuel **Eph 5:8-14** Anything exposed by the light will turn into light. **Jn 9:1-14** The blind man went off and washed himself and came away with his sight restored.
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "Vain is the life of that man who puts his trust in men or in any created thing. Be not ashamed to be the servant of others for the love of Jesus Christ, and to be reckoned poor in this life. Rest not upon yourself, but build your hope in God. Do what lies in your power, and God will help your good intent. Trust not in your learning, nor in the cleverness of any that lives, but rather trust in the favor of God, who resists the proud and gives grace to the humble". **Chapter 7,pg 8**
Reminder	End of Canonical Visit to Korhogo Community
Birthday	Arnaud Ulrich Djolea (1997) from Côte d'Ivoire
Intentions	For Br Arnaud, his vocation, his family members and for his studies. For God's healing on our spiritual blindness.
16th MARCH, MONDAY OF THE 4TH SUNDAY OF LENT. Vestment: PURPLE	
Liturgy	**Is 65:17-21** Be glad and rejoice forever at what I am creating. **Jn 4:43-54** Go home: your son will live.
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "Boast not yourself in your riches if you have them, nor in your friends if they are powerful, but in God, who gives all things, and in addition to all things desires to give even Himself. Be not lifted up because of your

	strength or beauty of body, for with only a slight sickness, it will fail and wither away. Be not vain of your skillfulness or ability, lest you displease God, from whom comes every good gift which we have". **Chapter 7.pg 8**
Intentions	For an increase in faith as we seek God's face every day. That those blessed with riches may use them to help the poor.
17th MARCH, TUESDAY OF THE 4TH WEEK OF LENT. (Optional Memorial of ST PATRICK) Vestment: PURPLE	
Liturgy	**Ez 47:1-9,12.** Wherever the water flows, it will bring life and health. **Jn 5:1-3,5-16** The healing at the pool of Bethesda
Anniversary	1984: Death of Brother Charles Raphael, 8th Superior General (1958-1967)
Reminder	Beginning of Canonical Visit to Bouake Community
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "Be not proud of your good works, for God's judgments are of another sort than the judgments of man, and what pleases man is often times displeasing to Him….Peace is ever with the humble man, but in the heart of the proud there is envy and continual wrath". **Chapter 7.pg 8**
Intentions	For the soul of Br.Charles Raphael to continue to rest in peace with the Lord. For all domestic workers in our communities.
18th MARCH, WENESDAY OF THE 4TH WEEK OF LENT (Optional memorial of St. Cyril of Jerusalem, Bishop and Doctor). Vestment: Purple	
Liturgy	**Is 49:8-15** On the day of salvation,I will help you. **Jn 5:17-30** The dead will hear the voice of the son of God, and all who hear it will live.
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "Open not your heart to every man, but deal with one who is wise and fears God. Be seldom with the young and with strangers. Be not a flatterer of the rich; nor willingly seek the society of the great. Let your company be the humble and simple, the devout and the gentle, and let your discourse be concerning things which edify". **Chapter 8,pg 9**
Intentions	For the grace to be contented with what we have. For the students in our schools.
19TH MARCH, THURSDAY OF THE 4TH WEEK OF LENT. (Solemnity of St.Joseph,husband of the blessed Virgin Mary) Vestment: White	
Liturgy	**2Sam 7:4-5,12-14,16** The Lord will give him the throne of his ancestor David.

	Rom 4:13,16-18,22 Abraham hoped, and he believed Mt.1:16, 18-21, 24. How Jesus Christ came to be born.
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "Who is so wise as to have perfect knowledge of all things? Therefore trust not too much your own opinion, but be ready also to hear the opinions of others. Though your own opinion is good, yet if for the love of God you forgo it, and follow that of another, you shall profit more. It may also come to pass that each opinion may be good; but to refuse to listen to others when reason or occasion requires it, is a mark of pride" .**Chapter 9, pg.10.**
Intentions	For all those who have lost hope in life. For the grace to be humble.
20th MARCH, FRIDAY OF THE 4TH WEEK OF LENT. **Vestment: PURPLE**	
Liturgy	**Wis 2:1, 12-22** Let us lie in wait for the virtuous man and condemn him to a shameful death. **Jn.7:1-2, 10, 25-30** They would have arrested him, but his time had not yet come.
Anniversaries	1924, exhumation and identification of the body of Bro François at the Hermitage.
Reminder	End of Canonical Visit to Bouake Community
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "We like talking so much because we hope by our conversations to gain some mutual comfort, and because we seek to refresh our wearied spirits by variety of thoughts. And we very willingly talk and think of those things which we love or desire, or else of those which we most dislike. But alas! it is often to no purpose and in vain." **Chapter 10.pg.11**
Intentions	For the success of the process of beatification of Br Francios. For migrants suffering all over the world. **Marist Saturday:** We dedicate special prayers for Marist vocation.
21st MARCH, SATURDAY OF THE 4TH WEEK OF LENT. **Vestment: PURPLE**	
Liturgy	**Jer 11:18-20** Let us cut him from the Land of the living, so that his name may not be quickly forgotten **Jn 7:40-52** The Law does not allow us to pass judgment on a man without hearing him.
Reminder	International Day for the Elimination of Racial Discrimination
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "It is good for us that we sometimes have sorrows and adversities, for they often make a man lay to heart that he is only a stranger and sojourner, and

	may not put his trust in any worldly thing. It is good that we sometimes endure contradictions, and are hardly and unfairly judged, when we do and mean what is good. For these things help us to be humble, and shield us from vain-glory". **Chapter 12,pg.14**
Intentions	For an end to racial discrimination in our society. For the grace to listen to all who come to us.
22nd MARCH, 5TH SUNDAY OF LENT **Vestment: PURPLE**	
Liturgy	**Ez 37:12-14** I shall put my spirit in you and you will live. **Rom 8:8-11** The spirit of him who raised Jesus from the dead is living in you. **Jn 11:1-45** I am the resurrection and the life.
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "So long as we live in the world, we cannot be without trouble and trial. Wherefore it is written in Job, The life of man upon the earth is a trial. And therefore ought each of us to give heed concerning trials and temptations, and watch unto prayer, lest the devil find occasion to deceive; for he never sleeps, but goes about seeking whom he may devour". **Chapter 13.pg.15**
Reminder	**World Day for Water**
Intentions	For those who are sick and have no one to care for them. For the preservation of our environment.
23rd MARCH,MONDAY OF THE 5TH WEEK OF LENT: **Vestment: PURPLE**	
Liturgy	**Dan 13:1-9,15-17,19-30,33-62** Susanna and the elders. **Jn 8:1-11** Let the one among you who has not sinned be the first to throw a stone.
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "…There is no position so sacred, no place so secret, that it is without temptations and adversities. There is no man wholly free from temptations so long as he lives, because we have the root of temptation within ourselves, in that we are born in concupiscence. Many who seek to fly from temptations fall yet more deeply into them. By flight alone we cannot overcome, but by endurance and true humility we can". **Chapter 13,pg 15**
Intentions	For the grace to forgive those who hurt us. For peace in the world.
24th MARCH,TUESDAY OF THE 5TH WEEK OF LENT **Vestment: PURPLE**	

Liturgy	**Num 21:4-9** If anyone was bitten by a serpent, he looked up at the bronze serpent and lived. **Jn 8:21-30** When you have lifted up the Son of Man then you will know that I am He.
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "Look well unto yourself, and beware that you judge not the doings of others. In judging others a man labors in vain; he often errs, and easily falls into sin; but in judging and examining himself he always labors to good purpose". **Chapter 14pg.17**
Birthday	Br Tansam Yuonji Elvis (1985) from Cameroon
Intentions	For Br Tansam, his community and studies in Lebanon. For refugees and internally displaced persons.
25th MARCH, WEDNESDAY OF THE 5TH WEEK OF LENT. (The solemnity of the Annunciation of the Lord) Vestment. WHITE	
Liturgy	**Is 7:10-14, 8:10** The maiden is with Child. **Heb 10:4-10** God's will was for us to be made holy by the offering of his body made once and for all by Jesus Christ. **Lk 1:26-38** I am the handmaid of the Lord.
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "Without charity no work profits, but whatsoever is done in charity, however small and of no reputation it be, brings forth good fruit; for God verily considers what a man is able to do, more than the greatness of what he does". **Chapter 15, pg.18.**
Intentions	For more vocations into the religious life and priesthood. For all vocation directors in our province.
26th MARCH, THURSDAY OF THE 5TH WEEK OF LENT Vestment. PURPLE	
Liturgy	**Gen 17:3-9** Abraham, the father of a multitude of nations. **Jn 8:51-59** Your father Abraham saw my day and was glad
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "Endeavor to be patient in bearing with other men's faults and infirmities whatsoever they be, for you yourself also have many things which others have to bear with you. If you cannot make your own self what you desire, how shalt you be able to change another to your own liking? We are ready to see others made perfect, and yet we do not amend our own shortcomings".**Chapter.16,pg.19**

MARIST PROVINCE OF WEST AFRICA

Intention	For the daily renewal of our vows of poverty, chastity and obedience. For our students preparing for final exams.
27th MARCH, FRIDAY OF THE 5TH WEEK OF LENT **Vestment: PURPLE**	
Liturgy	**Jer 20:10-13** He has delivered the soul of the needy from the hands of evil men. **Jn 10:31-42** They wanted to stone Jesus, but he eluded them.
Birthday	Br Mbiyiwoh Celestine (1996) from Cameroon
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "If all men were perfect, what then should we have to suffer from others for God? But now God has made it that we must learn to bear one another's burdens, because none is without defect, none without a burden, none sufficient of himself, none wise enough of himself". **Chapter.16,pg.19**
Intentions	For Br Celestine, his vocation, his family members and his studies For the grace to tolerate one another.
28th MARCH, SATURDAY OF THE 5TH WEEK OF LENT. **Vestment: PURPLE**	
Liturgy	**Ez 37:21-28** I will bring them home and make them one nation. **Jn 11:45-56** Jesus was to die to gather the scattered children of God
Reminder	Beginning of Canonical Visit to Tatum Community
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "It is no small thing to dwell in a religious community or congregation, and to live there without complaint, and therein to remain faithful even unto death. Blessed is he who has lived a good life in such a body, and brought it to a happy end." **Chapter 17,pg 20**
Reminder	End of Canonical Visit to Tatum Community
Intentions	For unity among Christians For peace on our Communities **Marist Saturday:** We dedicate special prayers for Marist vocation.
29th MARCH, PALM SUNDAY **Vestment: PURPLE**	
Liturgy	**Mt 21:1-11** Blessings on him who comes in the name of the Lord. **Is 50:4-7** I did not cover my face against insult: I know I shall not be ashamed. **Ph 2:6-11** Christ humbled himself but God raised him high. **Mt 26:14-27**:66 The passion of our Lord Jesus Christ according to Matthew.

MARIST PROVINCE OF WEST AFRICA

Reminder	Birthday of Br Wisenyuy Habib Suyven (1993) from Cameroon
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "We ought daily to renew our vows, and to kindle our hearts to zeal, as if each day were the first day of our conversion, and to say, "Help me, O God, in my good resolutions, and in Your holy service, and grant that this day I may make a good beginning, for hitherto I have done nothing!" **Chapter 17,pg 20**
Intentions	For Br Habib, his family, community members and his apostolate. For the grace to be able to carry our daily crosses.
30th MARCH, MONDAY OF THE HOLY WEEK **Vestment: PURPLE**	
Liturgy	**Is 42:1-7** Here is my chosen one in whom my soul delights. **Jn 12:1-11** She had to keep his scent for the day of my burial.
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "If you cannot be always examining yourself, you can at certain seasons, and at least twice in the day, at evening and at morning. In the morning make your resolves, and in the evening inquire into your life, how you have spent today in word, deed, and thought; for in these ways you have often perchance offended God and your neighbor".**Chapter.19.pg.23**
Intentions	For our deceased family members. For our personal intentions
31st MARCH, TUESDAY OF HOLY WEEK. **Vestment: PURPLE**	
Liturgy	**Is 49:1-6** I will make you the light of the nations so that my salvation may reach to the ends of the earth. **Jn 13:21-33, 36-38**. What you are going to do, do quickly.
Reflection	**IMITATION OF CHRIST BY THOMAS AKEMPIS** "Seek a suitable time for your meditation, and think frequently of the mercies of God to you. Leave curious questions. …If you withdraw yourself from trifling conversation and idle going about, as well as from novelties and gossip, you shalt find your time sufficient and apt for good meditation. The greatest saints used to avoid as far as they could the company of men, and chose to live in secret with God".**Chapter.20.pg.25**
Intentions	For the grace to be the light of the world wherever we go. For our benefactors and benefactresses.